

**Children's Hospital of Wisconsin
Community Services
Northwoods Family Resource
Center Network**

Antigo

Antigo Family Resource Center
N4013 Hwy. 45
Antigo, WI 54409
(715) 627-1414

Merrill

Lincoln County Family Resource Center
201B Stange St.
Merrill, WI 54452
(715) 539-9228

Rhineland

Family Resource Connection
1020 Kabel Ave.
Rhineland, WI 54501
(715) 361-2935

chw.org/communityservices



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**Northwoods
Healthy Families**

Support for New Parents



Pregnant with your first baby?

Wondering about your new
baby's development?

Questions about where to get what
you need for you and your baby?



Kids deserve the best.



A way to help get your baby off to a healthy and happy start



What is Northwoods Healthy Families?

- Support during and after pregnancy
- Activities designed for your baby and your family
- Bridge to other local resources
- Free and voluntary

What can Northwoods Healthy Families do for me?

Here's what our parents have to say:

“ Other parents should join the home visiting program because it gives you someone to talk to and who doesn't judge you. ”

“ They help in a variety of ways, from bringing information I had questions about or about other resources that would help my family. ”

“ My home visitor recognized my potential as a parent when I had very low self-esteem and questioned my (own) abilities. She encouraged and supported me to be the best parent for my twins. Today I feel confident. ”

“ You help me set goals, then keep me on track so I can achieve them. ”